

## Personal Video Introduction

*Oumu Foundation*

## Objectives

- *Introduce yourself to your exchange partner using a 30-45 second video*
- *Practice shooting: wide shot, medium shot, close shot*
- *Practice editing: title, fade-in, 3 shots, fade-out*
- *Practice uploading: export your movie to QuickTime, register @ [oumu.org](http://oumu.org), upload your video*

## Process

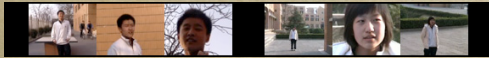
- *Work in pairs sharing one camera*
- *Write a script that includes introducing yourself and four favorite activities (or anything else about yourself)*
- *Film each other using the script with three different shots (try to find a quiet location)*
- *Use iMovie to load the shots and edit the video to 30-45 seconds*
- *Export to QuickTime and upload to [oumu.org](http://oumu.org)*

## Michael's Rules for Shooting

- *Frame your shot before pushing the record button*
- *Don't move the camera while shooting*
- *Don't zoom while shooting (or if you do, edit it out)*
- *Think about unusual angles, perspectives, and orientations for shooting*

## Make Editing Easier

- *Create a 3-5 second black gap between each student's video by using the lens cap to record black*



- *Don't rewind the tape when shooting*

## iMovie Editing

- *Connect the camera with the FireWire cable, set to VCR mode, launch iMovie*
- *Import the movie by first rewinding to the start of your video*
- *Split/Cut clips to the desired lengths*
- *Arrange in the sequence you prefer*
- *Add a title and fade-in to the first shot*
- *Make sure length is less than 45 seconds*

## Exporting to QuickTime

- *Use Expert settings*
- *Video compression is MPEG4*
- *15 frames/second, sync every 150 frames*
- *Max data rate is 50KB/second*
- *Size is 320x240*
- *Sound is 22kHz, QDesignMusic2, stereo*
- *Check the size of the file when you're done--it should be less than 2MB*

## Upload to Oumu.org

- *Join [oumu.org](http://oumu.org) if this is your first time*
- *Login*
- *Upload Movies*
- *Complete the form, including a description*
- *Be patient as the upload can take a minute or more*

# *Congratulations!*



## Contest



- *Details at <http://oumu.org/about/contest.php>*
- *Enter between now and May 15, 2004*
- *Follow the “Final Editing Checklist” for your video*
- *Upload the video*
- *Send an email to [contest@oumu.org](mailto:contest@oumu.org)*
- *Winners announced June 1, 2004*

